



# UPDATE '88

**Employee Newsletter** 

Friday, September 2, 1988

# Good Ol' Stars And Stripes

The Security Department under the direction of Newman Lake has been undergoing some great changes. One of these is "The Flag Ceremony". This takes place at the flag pole area at the Main Entrance. The flag is raised precisely at noon. Each night at dusk, after a day of displaying strength and vigor, the flag is brought to rest. This ceremony has been an eye catcher for both our guests and employees.

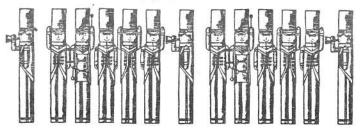
According to Manager Newman Lake, the purpose of this ceremony is to promote a patriotic atmosphere in the Center and to be proud of the American Flag and send it flying over this great land with all due respect and consideration. "I 'salute' all the Security Personnel for performing this special ceremony with great pride and making this event possible. May we continue to portray our colors and freedom of this Great Land of America."

If you have time and have heard about, but not seen the ceremony, the Security Department would like to invite you to come and see it for yourself.





ABOVE: Kawika Kelekolio(left), Sione Litani Pasi(middle), Kesaia O. Manu(right) LEFT: Tigi Tapusoa(left), Kesaia O. Manu(middle), Kawika Kelekolio(right)



## Survey Comments

The following are comments that our guests have written on surveys gathered by Marketing Research Department.

# Overall Good and Bad Comments about the Center

☐ A New Zealand guy was very rude to some guests.

☐ Staff's pleasant attitude and motivation good.

☐ BYU Brass Band was great.

#### Ambassador Guides

☐ Tammy (Yeager) was great! ☐ Greta (Tautu) was a delight to have as a guide.

☐ Karmen (Chalus) is a fine representative.

□ Delicia (Chan) was terrific.□ Give Megan (Wihongi) a raise!

Stephen Christensen

### Straight From The Box

There has been a slight change in the reservations procedure that will affect all employees. Effective August 30, 1988, any employee that have pre-arranged tickets with reservations will be able to pick up the tickets at window 1 (They were previously held at the reservations office window). Employee Admission (Village Pass) will still be available at the side office window.

Employees that do not make reservations in advance may purchase their tickets at any of the bex office windows. We request that all employees should have their Pink Discount Card and ID ready and make their reservation in advance so that we may serve everyone better.

# **Computer Chips**

WordPerfect 5.0 is out and to upgrade your current system, you will need to do the following:

☐ Send a letter stating your name, company, street, address, city, state, zip code, and daytime phone number.

☐ Also include the quantity of packages you are upgrading, a list of all printers you are using, types of keyboards, and note whether you want the disk on 5¼ or 3½ format, You will also need to include the title page of your WordPerfect manual as proof of purchase for each copy you are updating.

Send the above information along with a check/Visa/MasterCard with expiration date payable for \$60.00 to:

WORDPERFECT 5.0 UPGRADE 81 NORTH STATE STREET OREM, UTAH 84057

Note: If you purchased your copy of WordPerfect between 2/1/88 and 4/30/88, WPCorp will send you a free upgrade if you could include a dated receipt as proof of purchase.

I would recommend that you consider upgrading to this new version. Old features have been enhanced making processing much easier than before. Nice new features as well!

Lei Cummings (Computer Software Technician)

# Get 'Em While They're Hot

The sale of Aloha Week Ribbons is still going on at the Special Projects Department. Each ribbon sells for only \$2.00. Everyone is encouraged to purchase and wear the Aloha Week Ribbon from Sept. 19th to 24th. Don't forget! Some island sponsors offer special incentives to those wearing the ribbon.

# Housekeeping Flash

The Housekeeping Department would like to thank all Housekeeping Employees for their support throughout this busy time of the year! We would also like to say "Aloha" to Ken Furchner, Sean Makaiau, Leinannia Coleman who are all leaving to return to school and welcome the following new employees to the "Custodial Crew" - Pascuala Tabangcora, Susie Berardy, and Shiela Loudenslager.

# Congratulations

Village Operation would like to thank the Samoan Chief Fauno Vaifale and all Samoan Village workers for all their effort and hard work that made Samoan Cultural Week a success.

Congratulations to the following winners who competed in the Cultural Week Festivities.

Taualuga (ages 5 - 12):

Charlene Magalei

Taualuga (ages 13 & up):

Violet Favale

Knife Dance (ages 5 - 13): David Favale

Men's Coconut Husking and Fire Making:

Fata Fiaui

# Christmas Message Competition

All employees are encouraged to join the special "Christmas Message Competition" starting Sept. 1 to the 30th. All entries must be original and must stay within the Polynesian Theme. All entries will be judged according to its creativity, originality, and content. Winner will be awarded with 2 movie tickets and the special edition PCC Tongan Shirt. Submit all entries to Special Projects.



# What's Good About Dieting?

There seem to be more than enough of us here at the Polynesian Cultural Center who are too "plump" for our own good. The following information is to help us become more aware that achieving good health truly lies within our own hands.

Eating less, even far less, than it takes to give you that so-round, so-firm, so fully packed feeling has all sorts of obvious benefits. Among these are the absence of bloating and, with loss of weight, the diminishing or disappearing of cer-

tain health risk factors. And, maybe most important of all, you'll just plain look and feel better.

You might live longer, too, and that's what most of the current research into the subject of overeating is all about. Longliving people of Soviet Georgia, as a rule, never eat to the point of being full, which could be one of the factors contributing to their 100-plus years of life. Less food more years, has been an old wives' formula for as long as there've been old wives. And recently scientific findings have strongly backed up the folklore. In fact, a recent report in Science News stated "Dietary restriction imposed early in life is the only strategy known to increase life span in warm-blooded animals. It also inhibits or delays many diseases that occur in later life and also retards aging of the body's immune system.

Most of the scientific investigations

have dealt with laboratory animals on "undernutrition without malnutrition" diets from infancy. Data from these experiments is difficult to apply to humans because such a restrictive diet applied at such a young age could stunt growth and affect the onset of puberty.

But now a study from the Univ. of California at L.A. School of Medicine shows that mice started at midlife on a low-intake diet had significantly longer lives and far fewer cancers. This study, illuminates and underscores the benefits of undernutrition starting even during the later adult years, could very well have direct human implications. "It is a feasible option for humans to start dietary restriction at midlife if they elect to do so—they could increase life span, lower tumor incidence.

Cutting back, down and out just 10 percent is a step in the direction of better health.

# This, Too, Is The Place

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Many people know the story of Brigham Young declaring, "This is the place," when he first sighted the Valley of the Great Salt Lake after the Mormon pioneers' arduous trek across the plains in 1847.

But few people know Brigham Young came to Laie and also declared it the place for the Saints.

This amazing event occured in 1864, a year before the Church purchased the 6,000-acre Laie plantation. W.W. Cluff, who had come on a mission to the Sandwich Islands with Joseph F. Smith to investigate charges against Walter Murray Gibson, had been charged with finding a suitable place to relocate the Saints from the failed community on the island of Lanai.

He records in his journal, after looking all over Kauai, that he stopped in Laie:

"One day, feeling somewhat

lonely and depressed in spirits, I retired to one of the thickets and knelt down in secret prayer, after which I strolled along a path winding through grass plots and hau thickets, more or less in a listless mood or reverie, when suddenly -- and to my astonishment -- President Brigham Young came walking up the path and met me face to face.

"After the ordinary greetings were exchanged, we sat down on the grass beside the path, and a brief conversation about the work on the islands passed between us.

He then referred to the beautiful landscape before us, commenting on the beautiful plain, the rich alluvial soil, the verdure covered and timbered mountain in the distance and of the beach washed by the gentle waves of the Pacific Ocean.

"This," he said," 'is a most delightful place."

"He then rose to his feet and silently casting his eyes over the surrounding country, turned to me and in his pleasant and familiar manner, said: 'Brother William, this is the place we want to secure as headquaters for this mission.

"The interview was terminated and I was alone."

Later that year, Elder Cluff continues, he was released from his mission and met three elders in San Francisco on their way to Hawaii with instructions to purchase "some suitable place." He told them he was confident they would buy the Laie property.

In this same beautiful place, it's good that we reflect on our pioneer heritage and the wisdom and guidance of prophets who led them.

#### Trivia Rules

- 1. Competition is open to current PCC employees only.
- 2. One entry per employee.
- All entries should be submitted in an envelope with your name, department, phone number and immediate supervisor.
- 4. All entries should be submitted to PCC Graphics (located at the Old Administration Bld.) before 5 p.m. the day of issue.
- The entry with all the answers correct will be declared the winner.
- 6. In case of a tie, a random drawing will take place.
- The Winner will be awarded with 2 movie tickets and his/her name will be printed in the next issue of UPDATE.
- The Winner will have one week from the date of announcement to claim the prize from Special Projects.
- 9. All judges' decisions are final.



# Answers to Last Weeks Trivia

1) f 2) c 3) g 4) a 5) b 6) d 7) e 8) 42 9) true 10) 1883 Bonus: King Kalakaua

#### And The Winner Was...

**Lindy Tufaga**of the Business Office
Immediate Supervisor: Tai Macatiag

**GREAT JOB LINDY!!** 

Participants included:

Gail Hefferman - Bus. Office Makaleta Finau - Concessions Evie Malea - Concessions Nancy James - Bus. Office Teru Rama - Marketplace Mele Ongoongotau - Village Op. Jack Fa'asou Jr. - Security Dept.

## Welcome Aboard

Village Operation would like to welcome **Bryan Bowles** as their new Vice President. **Rubina Forrester** as the new supervisor over the Museum area, Mission Home, Fruit Stand and Schoolhouse, and **Cheri Buttars** as their new time keeper.

### Personnel Corner

The Personnel Department would like to extend a big "Welcome" to Mr. Sam Kinikini who is the newest member on our Personnel Staff. We're glad that you came our way -----The Personnel Gang.

# TRIVIA CONTEST OF THE WEEK 25th Anniversary Monthly Themes

#### Match column A to B

#### Column A

- 1. Celestial Festival
- 2. Birthday Celebration
- 3. The Ocean
- 4. Warriors of Polynesia
- 5. Polynesia and the Movies
- 6. The Arts
- 7. Salute to Polynesian Sports
- 8. Family Month
- 9. Romance

#### Column B

- a. Januaryb. February
- c. March
- d. April
- e. May
- c. Iviay
- f. June g. July
- . .
- h. August
- i. September

#### True or False

(if False, Write the Correct Answer on the Line Provided Below)

13.	The	Aloha	Week	first	began	in	the	Year	1948
		True	or Fal	se					

14.	The Aloha	Week was started to help encourage the study	and
pres	ervation of	the Polynesian culture.	
	True	or False	

15.	The	feature	colors	of	the	month	of	September	are	Blue,	and
Whit	e.										

True	or	Fal	se
E E 164 165	••		

# Welcome Back!

This MIS Department would like to extend an enthusiastic "Great to Have You Back" to Clair Cummings, Fred Camit and the entire PCC staff look forward to having her assist them with their personal computers. As the Personal Computer Software Technician, Lei will be available to answer your PC questions. She wants to get the users group going again, and provide training courses in the use of your PC and specific software. We appreciate you Lei, and look forward to working closely with you.

### Gateway Mini News

To All Gateway Gangs -

Summer is about over and it's now time to get into school again. Good luck to all Gateway and Laundry employees. Have a great year and great grades.