



UPDATE

Polynesian Cultural Center Employee Newsletter

Friday, September 6, 1985

Utah's Governor Welcomed at PCC

On Saturday, August 24th, Governor and Mrs. Bangerter from the State of Utah visited the Polynesian Cultural Center. Governor Bangerter is in Hawaii attending the Western Governors Conference being held this week. The Bangerter's visited with members of their family and were escorted through the Center by Vice-President of Finance Jim Jensen and General Manager Ralph Rodgers, both of whom know Governor Bangerter from Utah. The group visited the villages and were entertained by singing and dancing there. They then were entertained in the General Managers home and were served food from the Gateway Buffet. Afterwards they attended the night show "This is Polynesia" and mentioned there how much they thoroughly enjoyed the entire day. Being members of the Church and a former Stake President, Governor Bangerter felt especially appreciative of the Center and the things we are trying to accomplish here. Thanks to all the employees who made their stay first class.



Sister Bangerter joins with the Maori village employees in a Pukana



Eric Beaver sells papaya to a customer last Saturday. Eric and his family were among many people who made money selling their homemad goods

PCC Swap Meet Successful For All

Last Saturday, August 24th, the Training Department held the first ever PCC sponsored swap meet, from 7am to noon. When the idea first was presented, there was a little scepticism in that some felt there wouldn't be much participation. The Training Department, under the direction of Manager Winnie Neilson, took it as a challenge to make the swap meet not only well attended, but a highly profitable and successful event for all who attended. For weeks they had been advertising the event, in newspapers, by word of mouth and with a large number of flyers. They started with a goal to have 75 booths on Saturday, but as the time progressed and people started to reserve a spot, it became obvious that more would be required. Due to the efforts of the Training Department and many others who helped, the swap meet last Saturday morning had almost 100 booths and at some estimates, several thousand visitors. Everything from food and clothing to John Muaina's Ford Bronco were sold. Children made money by selling toys and clothing which had been outgrown and many PCC employees had an opportunity to sell crafts and other goods.

The UPDATE congratulates the Training Department for a super swap meet. We hope you will schedule another one in the near future.



This week the Training Department named two employees to the C-Team. Micheal Tenney and Toiva Lake were nominated by fellow workers as employees who "represent the ideals and qualities of the Gateway and Custodial Services." They demonstrate the true spirit of the Cultural Center in their hard work and diligence. The UPDATE congratulates them on their achievement.



Moa F. Mahe demonstrates the quality of his sheepskins to a customer

Polynesian Cultural Center Honored With Awards at Hawaii Children's Fair

This week the Polynesian Cultural Center was honored with two prestigious awards at the Hawaii Children's Fair. The Center's booth was presented with certificates for the Best Visitor Facility Exhibition and for Best Entertainment. The Hawaii Children's Fair is a showcase for products, facilities, programs and organizations from Hawaii which are relevant to children or families with children. With more than one-hundred booths, the Fair attracted over 20,000 visitors. 10 awards were given to the booths and it was a great honor and tribute to those involved when the Center received two of the awards. Both Laie and Waikiki Promo teams performed at select times during the fair and according to MayLynn Reis, PCC's Manager of Corporate, Resident and Educational Sales and the coordinator for the booth, they did an outstanding job.

The Center's booth was designed to give PCC the opportunity to announce our Kamaaina rates coming up in September as well as to advertise the many beautiful improvements which the Center has and is going through. The booth was visited by over 20,000 visitors and MayLynn felt it was a great success, sure to bring many of those individuals out to the Center.

The UPDATE congratulates and thanks all those involved including the Promo teams and especially the coordinators, MayLynn Reis and Reg Schwenke.

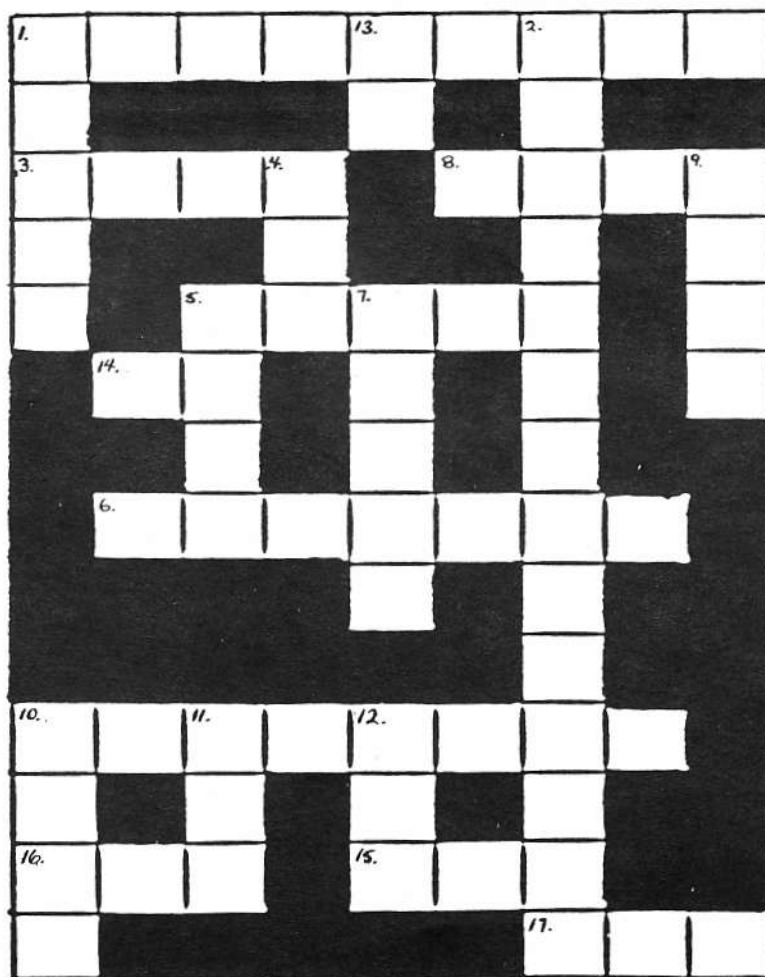
Polynesian Crossword Puzzle From the Institute for Polynesian Studies

Across

1. Location of first printing press in Samoa
3. House in Tahitian
5. Fijian for pig
6. Hawaii's Friendly Island
8. Great Maori voyager
10. Hawaii's state flower
14. English first person pronoun
15. Lizard in Hawaiian
16. When a Samoan tells you to go
17. Same thing as a Hawaiian imu

Down

1. Approx. commercial average of coconuts per tree per year
2. First Tongan to receive university degree
4. Reddish tinge of Polynesian hair
5. Tahitian for storm
7. Hawaii for "long cloud"
9. "Ngaahi fua'imoa": what Tongas eat, too
10. Speak no evil, see no evil, no evil
11. Chiefdom of Cakobau of Fiji
12. Director of PCC Personnel
13. Sun in Samoan



Mr. Rodger's Neighborhood

By David Rodgers

This week the UPDATE reported on the enthusiastic response to the Cultural Center's basketball and softball tournament. It seems that everyone lately has been getting more and more involved in physical activities and exercise. Not only has this trend hit Laie, but the entire nation is enjoying an explosion of physical fitness buffs. More people are finding happiness through better health than at any other time in recent history. Look at some of these facts published by John Naisbitt in his book **Megatrends:**

* At least 100 million Americans, almost half the population, are now exercising in some way — up from only about one-quarter of the population in 1960. That is a 100-percent increase in regular exercisers. One in seven Americans now jogs on a regular basis.

* We've reduced our fat intake mightily: butter consumption is down 28 percent — milk and cream, down 21 percent — since 1965.

* Smoking, long blamed for poor health, is down substantially. According to a 1983-released study by the American Cancer Society, there has been a vast reduction in smoking. The new report says that there are nearly 50 percent fewer American men over age 40 who smoke than did 25 years ago. Today, just a little over one-quarter of men and women over age 40 smoke.

We've switched from hard liquor to wine. In 1980, for the first time, Americans drank more wine (475.8 million gallons) than hard liquor (455 million gallons).

* The number of health food stores in the United States increased from 1,200 in 1968 to more than 9,500 in 1982. Health food sales went from \$170 million in 1970 to \$2 billion in 1981. (page 148)

The whole idea is fitness. People want to take the bodies they have and make the best of it. Think of the many people you know who have been losing weight recently. They want to feel good and look good.

According to the American Heritage Dictionary, fitness is a noun which describes being "Suited, adapted, or acceptable for a given circumstance or purpose." Being physically fit means to be ready for physical activity. Being mentally fit means to be ready for mental activity, etc. Fitness doesn't apply only to physical health. It includes all aspects of our lives, and they way we become physically fit or spiritually fit or whatever kind of fit doesn't change. The way is exercise. If an individual wants to reduce his waist line, he must do situps, jog, reduce his intake, etc. If a person wants to become socially fit, he must practice kindness, and work on being more friendly. If he wants to become more spiritually fit, he must exercise by reading the scriptures and attending church. For all areas of fitness the recipe is the same — exercise, exercise, exercise.

As we work at the Polynesian Cultural Center, as we raise our families, as we become involved in our Church and our community, let us strive for fitness. By developing an effective exercise program and making it a habit in our lives, we will be able to join the already hundreds of millions of individuals throughout the world who are becoming physically, mentally, emotionally, spiritually and socially fit.

Legends of Polynesia The Fire Walkers of Beqa

From The Institute
for Polynesian Studies

A Fijian Legend

In a house in Beqa some chiefs were relating old legends of their people one after another. In the course of the storytelling one chief asked for payment for his story and the Tui Qalita promised he would bring an eel. So Tui Qalita dug for his eel but it was difficult to find one. So he dug and dug, throwing up mud and earth until he saw a semi-human creature emerging from the hole. "Please don't kill me,"

he implored. Tempting Tui Qalita with all manner of things — goods, wives, success in war — for his life, the creature was ready to give up. But with one last temptation he offered Tui Qalita the power to walk on hot embers and not be burned. This Tui Qalita accepted and ever since that encounter the men of Beqa have been able to walk on hot glowing embers with the soles of their feet unburnt.

Classified Ad

Washer for Sale \$125.00, Excellent condition! Call Pam at ext. 3137

CALENDAR

Friday, September 6

Devotional CAC 10:30am
Aloha Dance Bllrm. 9:30pm
Movie: "Temple of Doom"
AUD 9:30pm

Roast Beef w/gravy, oven
brown potatoes, seasoned mix
vegetables, drink

Saturday 7

Movie: "Temple of Doom"
AUD 6:30, 9:30pm

Womens Vball CAC 7:30pm
BYU-HC vs. U. of Oregon

Sweet and sour chicken,
steamed rice, peas and carrots,
drink

Monday 9

Breaded pork slice, brown gra-
vy, mashed potatoes, seasoned
carrots, drink

Tuesday 10

Womens Vball CAC 7:30pm
BYU vs. N.Y. Inst. of Tech.
Baked butter fish, steamed
rice, corn, drink

Wednesday 11

Beef curry, steamed rice,
tossed salad w/1000 island
dressing, drink

Thursday 12

Womens Vball CAC 7:30pm
BYU vs. U of Tennessee
Meatloaf with tomato sauce,
french baked potatoes, but-
tered peas and carrots, drink

Friday 13

Barbequed pork, steamed rice,
seasoned mix vegetables,
drink

The UPDATE is an employee newspaper of the Polynesian Cultural Center and is issued as a training tool of the administration of the Center. The UPDATE staff consists of:

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The UPDATE is printed by Iva Posala &
Jaime Lao of the PCC Graph.
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Submissions to the UPDATE should be received by Tues. at 5:00pm to be included in that week's issue. The UPDATE office is located in the Special Projects office area near the employee building, ext. 3121